Weekly Session Debrief

Instructions:

1. *Schedule time to fill this out after each session.*
2. *Review before next session.*

Client Name: _____ Date: _____

Session #: _____ Session Length: _____

➢ CLIENT EVALUATION

Client Successes:

How Did They Step Outside Their Comfort Zone Last Week?

New Awareness's:

New Challenges:

Assessment of Homework:

Plan for Next Session:

Rate Client's Overall Level of Satisfaction with Session (1-10):

Rate Client's Overall Level of Enthusiasm (1-10):

➢ COACH EVALUATION

My Successes:

Skills Used:

Intuition Level Evaluation (1-10):

Area(s) of Improvement:

Rate Your Overall Level of Satisfaction with Session (1-10):

Rate Your Overall Level of Enthusiasm Going Into the Session (1-10):

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